



**LaSalle Rowing Club**  
40 Laurier Dr.  
LaSalle, ON N9J 3L4  
519-734-8248  
[www.rowlasalle.ca](http://www.rowlasalle.ca)

## 2011 Introduction to Rowing Registration Form

**Name:** -----

**Address:** -----  
----- **Postal Code** -----

**Phone # (H)** ----- **(W)** -----

**Email:** -----

**Male** [ ] **Female** [ ] **Date of birth** \_\_ / \_\_ / \_\_  
mm dd yr

**Emergency Contact:** -----  
(name and number)

**Session Number:** \_\_\_\_\_

Were you referred to the club by another club member?: YES / NO

If yes, please provide their full name: \_\_\_\_\_

**Fee for the LTR course is \$120.00.**

I understand that this introductory rowing course will involve attendance on multiple days, and that my attendance is crucial to all participants' involvement in the program. I am committed to attending all sessions scheduled for the program I am registering in.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

### Office Use Only

[ ] Registration Form

[ ] Waiver Form

[ ] PAR-Q

[ ] Participant Info Card

[ ] Fee



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## *Introduction to Rowing Schedule Selection*

Although the registration form indicates the start date of your program, please use the below information to educate yourself and indicate to us what your preferred session is.

Session	Dates & Times Required for Session			Registrant's Initials
1 & 2 (Adult Groups)	April 30 <sup>th</sup> – 9:00AM May 1 <sup>st</sup> – 9:00AM May 7 <sup>th</sup> – 9:00AM	May 8 <sup>th</sup> – 9:00AM May 14 <sup>th</sup> – 9:00AM May 15 <sup>th</sup> – 9:00AM <i>BBQ on June 4<sup>th</sup> – 11:30AM</i>	May 28 <sup>th</sup> – 9:00AM May 29 <sup>th</sup> – 9:00AM	
3 (Adult Group) 4 (Youth Group)	April 30 <sup>th</sup> – 11:00AM May 1 <sup>st</sup> – 11:00AM May 7 <sup>th</sup> – 11:00AM	May 8 <sup>th</sup> – 11:00AM May 14 <sup>th</sup> – 11:00AM May 15 <sup>th</sup> – 11:00AM <i>BBQ on June 4<sup>th</sup> – 11:30AM</i>	May 28 <sup>th</sup> – 11:00AM May 29 <sup>th</sup> – 11:00AM	
5 (Adult Group) 6 (Youth Group)	May 2 <sup>nd</sup> – 6:00PM May 4 <sup>th</sup> – 6:00PM May 9 <sup>th</sup> – 6:00PM	May 11 <sup>th</sup> – 6:00PM May 16 <sup>th</sup> – 6:00PM May 18 <sup>th</sup> – 6:00PM <i>BBQ on June 4<sup>th</sup> – 11:30AM</i>	May 25 <sup>th</sup> – 6:00PM May 30 <sup>st</sup> – 6:00PM	
7 & 8 (Adult Groups)	May 3 <sup>rd</sup> – 6:00PM May 5 <sup>th</sup> – 6:00PM May 10 <sup>th</sup> – 6:00PM	May 12 <sup>th</sup> – 6:00PM May 17 <sup>th</sup> – 6:00PM May 19 <sup>th</sup> – 6:00PM <i>BBQ on June 4<sup>th</sup> – 11:30AM</i>	May 26 <sup>th</sup> – 6:00PM May 31 <sup>st</sup> – 6:00PM	

Signature: \_\_\_\_\_

Date: \_\_\_\_\_