



LaSalle Rowing Club
40 Laurier Dr.
LaSalle, ON N9J 3L4
519-734-8248
www.rowlasalle.ca

2010 Introduction to Rowing Registration Form

Name: -----

Address: -----
----- **Postal Code** -----

Phone # (H) ----- **(W)** -----

Email: -----

Male [] **Female** [] **Date of birth** __ / __ / __
mm dd yr

Emergency Contact: -----
(name and number)

Session Number: _____

Were you referred to the club by another club member?: YES / NO

If yes, please provide their full name: _____

Fee for the LTR course is \$100.00.

I understand that this introductory rowing course will involve attendance on multiple days, and that my attendance is crucial to all participants' involvement in the program. I am committed to attending all sessions scheduled for the program I am registering in.

Signature: _____ **Date:** _____

Office Use Only

[] Registration Form

[] Waiver Form

[] PAR-Q

[] Participant Info Card

[] Fee



LaSalle Rowing Club
 40 Laurier Dr.
 LaSalle, ON N9J 3L4
 519-734-8248
www.rowlasalle.ca

Introduction to Rowing Schedule Selection

Although the registration form indicates the start date of your program, please use the below information to educate yourself and indicate to us what your preferred session is.

Crew	Dates & Times Required for Session			Registrant's Initials
1 & 2 (Adult Crews)	May 1 st – 9:00AM May 2 nd – 9:00AM May 8 th – 9:00AM	May 9 th – 9:00AM May 15 th – 9:00AM May 16 th – 9:00AM <i>BBQ on June 5th – 11:30AM</i>	May 29 th – 9:00AM May 30 th – 9:00AM	
3 (Adult Crew) 4 (Youth Crew)	May 1 st – 11:00AM May 2 nd – 11:00AM May 8 th – 11:00AM	May 9 th – 11:00AM May 15 th – 11:00AM May 16 th – 11:00AM <i>BBQ on June 5th – 11:30AM</i>	May 29 th – 11:00AM May 30 th – 11:00AM	
5 (Adult Crew) 6 (Youth Crew)	May 3 rd – 6:00PM May 5 th – 6:00PM May 10 th – 6:00PM	May 12 th – 6:00PM May 17 th – 6:00PM May 19 th – 6:00PM <i>BBQ on June 5th – 11:30AM</i>	May 26 th – 6:00PM May 31 st – 6:00PM	
7 & 8 (Adult Crews)	May 4 th – 6:00PM May 6 th – 6:00PM May 11 th – 6:00PM	May 13 th – 6:00PM May 18 th – 6:00PM May 20 th – 6:00PM <i>BBQ on June 5th – 11:30AM</i>	May 27 th – 6:00PM June 1 st – 6:00PM	
9 (Adult Crew) 10 (Youth Crew)	June 22 nd – 6:00PM June 24 th – 6:00PM June 29 th – 6:00PM	July 6 th – 6:00PM July 8 th – 6:00PM July 13 th – 6:00PM	July 15 th – 6:00PM July 20 th – 6:00PM	

Signature: _____

Date: _____